



Dr. Tana M. Session
STRATEGIST | SPEAKER | CONSULTANT

200+ Clients Served
500+ Trainings Facilitated
1M+ Lives Impacted

CAPABILITIES STATEMENT

www.TanaMSession.com

TMS Business Consulting, Inc. is a small business enterprise established in 2014 with its headquarters in Los Angeles, CA. We specialize in all components of Human Resources, with a particular focus on Organizational & Leadership Development. Through various organizational assessments and trainings, we design strategic initiatives to help close the gap in employee engagement, development and retention, thereby reducing the cost of low productivity, low morale and employee turnover. We have a successful track record in providing strategic business solutions, trainings, and technical support, including partnering with large and small organizations in various industries. We are a Business, Contract, Loan & Compliance ready supplier.

TMS Business Consulting, Inc. is SBA approved with WOSB and EDWOSB certifications.

Certifications:



CORE COMPETENCIES

- Human Resources
- Organizational Development
- Executive/Leadership Coaching
- Training
- Corporate Communications

PAST & CURRENT PERFORMANCE

- NASA: \$33,000
- EPA: \$44,000
- Wasserman: \$85,000
- FAA: \$76,000
- Oportun: \$90,000
- JR286: \$200,000
- Las Trampas: \$109,500
- LT Apparel: \$95,000
- Madison Reed: \$270,000
- CDC: \$9,000
- FDA: \$5,500
- LA Chamber of Commerce: \$5,500
- Inflammatrix: \$21,500
- SAG-AFTRA: \$19,830
- Kataly Foundation: \$100,000

AWARDS

- Trailblazer of the Year Award
- Women of Excellence Awards
- Certificate of Recognition - California Legislature Assembly
- Women's Council & Awards Nominee, Los Angeles Business Journal
- Forbes Next 1000
- Best-Selling Author

NAICS, DUNS, CAGE CODES

- 541612** Human Resources Consulting
- 541611** Administrative Management and General Management Consulting Services
- 541720** Business Research Support Services
- 921190** Other General Government Support
- 541618** Other Management Consulting Services
- 611430** Professional and Management Development Training

SAM UEI #M871GKP65R57

CAGE Code: 07E13

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[TanaMSession.com](http://www.TanaMSession.com)



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Core Values

**INTEGRITY
TRUST
COMPASSION**

CORPORATE BIO

www.TanaMSession.com

Dr. Tana M. Session - PHR, GPHR, SHRM-SCP

Dr. Tana M. Session is the CEO & Founder of TanaMSession.com, a certified Women Minority Business Enterprise (WMBE) and SBA certified WOSB and EDWOSB, with over 30 years of Human Resources experience. Dr. Session is a recognized cultural transformation architect, specializing in facilitated experiences and leadership & organizational development with a particular focus on addressing incivility and polarization in the workplace. She has spent 10 years as the top Human Resources executive for both domestic and international organizations where she led various change initiatives and up-leveled entire departments, including talent, systems, and operations. She has partnered with hi-tech start-ups and fast-growth companies as well as McDonald's, Creed Perfumery, Interscope Geffen A&M Records, Spotify, HOORAE, City of Richmond, Federal Executive Board, Department of Health & Human Services, NASA and many other multi-national for-profit & not for profit organizations and government agencies. Her experience has enabled her to activate talent, while embedding her passion for organizational development in everything she develops and implements. She believes courageous leadership is a necessary ingredient for organizational success.

Dr. Session is an international speaker who has spoken at professional events throughout the U.S. as well as Bangkok, Dominican Republic, Cuba and Jamaica. She completed her undergraduate degree in Business Administration and her MBA in Organizational Psychology & Development. In 2019, Dr. Session received her Honorary Doctorate (PhD) degree in Philosophy. Recognized by the University of Phoenix as one of its Distinguished Alumni of Southern California, Dr. Session also joined the team of UCLA Extension and California State University – Long Beach as an Instructor/Adjunct Professor. In 2019, she was selected as the only MBA alumni in American InterContinental University's history to speak as the keynote speaker for the commencement ceremony where she shared a powerful message to over 7,000 attendees in Houston and Atlanta.

In 2023, Dr. Session was confirmed as a speaker for SXSW 2023, where she discussed the importance of data-driven insights in organizational development work.

Dr. Session is the author of multiple books, including the #1 Best-seller Get Your Career Life in Order. She is a recognized media contributor and has been a contributing writer for Forbes.com, Entrepreneur, Thrive Global and BlackEnterprise.com, and has been featured in Huffington Post, Essence Magazine, Savoy Magazine, Sheen Magazine, and on various local news, syndicated radio, television and podcast shows.

**3-year consecutive winner in
Human Resources Consulting for
the 2024 "Business Hall of
Fame" Los Angeles Awards**

**Official LinkedIn Learning
Instructor in Recruiting,
Organizational Development,
and Performance Management.
(completed by ~435k learners)**

"Next 1000"
~Forbes

"Top Female Expert to Follow"
~Huffington Post

"Top Company Culture Consultant"
~Fond.co

"Top Change Management Consultant"
~TechTimes

"Top 10 California HR Outsourcing Company"
~DesignRush

"Top Employer Branding Expert"
~Eightfold.ai

"Top HR Outsourcing Companies"
~DesignRush

"CORE 100 Most Influential Blacks Today"
~USA Today/CORE Magazine

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